

FIRST YEAR STUDENT NURSES – MENTAL HEALTH JANUARY – APRIL 2022 (TRIMESTER 2)

In Trimester 1 2021/22, the Year 1 students commenced the 2020 BN programme which prepares them for contemporary nursing care. The first trimester comprised three modules, two theory and their first practice module: Practice Learning Experience One (PLE 1). This PLE module runs in Trimester 1 and Trimester 2. In Trimester 1, students focused on basic practical skills and in Trimester 2 they will commence in the clinical practice environment for 32 hours per week with one theory day every week (see below). This is for 6 weeks.



Clinical Skills in Trimester 1 & 2

CPR-Basic	IM & SC medicines and injection techniques (delivered after PLE1 in practice)
Manual Handling	Risk Assessments
Urinalysis & Specimen Sampling	End of Life Care
BP Monitoring	Pain Assessment
TPR & Urinalysis	Professionalism
NEWS2 & PEWS	Blood Glucose Monitoring
Personal Care and Care Rounding	Sexual Health & Well Being
Oral medications	Respiratory Assessment 1
Infection Control and Prevention	First Aid
SIPSEP modules complete	Safe Medicate Part 1
Prevention of Violence & Aggression	

Placement / Hours per week	Dates for Placement	Prep for Practice / Reflection 8 hours each day	Final Assessment due	Theory Study Day (non practice hours)
PLE1 6 weeks 32hrs/wk	11/01/22 - 20/02/22	Prep for Practice 10/01/22 Reflection 31/01/22 or 03/02/22 Please liaise with student to identify their SD	Week of 14/02/22	Monday, Tuesday or Wednesday. Please liaise directly with your student for their SD

Here is a brief summary of the modules and what is covered for Trimester 1 and 2:

Practice Learning One (Sept 2021-May 2022)

Students are introduced to professionalism, and skills acquisition begins. All skills have been delivered via theoretical online content, lectures and Q & A sessions. In addition, students received face-to-face practical sessions on PPE, handwashing, Basic Life Support, Prevention of Violence and Aggression, Manual Handling, BP, observations & urinalysis. The content of this module links directly into the two theory modules delivered in Trimester 1. It is delivered via moodle and all students have to complete workbooks on all the skills in order to be able to be out in practice.

Understanding Body Systems (Sept-Dec 2021)

The students have examined the anatomy and physiology of the human body and how this knowledge links to pathophysiology with implication for nursing practice. During this module the students have been introduced to pharmacology and the role the nurse plays in safe drug administration.

Caring for Self and Others (Sept-Dec 2021)

The students have been introduced to the art of nursing through fundamental theories such as compassionate care, person-centred care and relationship-centred care in caring for their self and others. The students have examined the NMC code along with other ethical and governance frameworks to provide the building blocks for professional practice.

Developing Identity and Role in Mental Health Nursing (Jan-May 2022)

This is a field specific module during which the students will examine the role of the future nurse within contemporary healthcare, looking at the nursing process and patient-centred models of care. Student will also learn about the role of the nurse promoting health and preventing ill health.

SECOND YEAR STUDENT NURSES – MENTAL HEALTH JANUARY – APRIL 2022 (TRIMESTER 2)

In Trimester 1 2021/22, the Year 2 students commenced the 2nd year of the 2020 BN programme. This comprised of Practice Learning Three (PLE3) and a theory module : Assessing Need and Delivering Holistic Care in Field Specific Nursing. Students have undertaken practice in Trimester 1. In Trimester 2 the students have a practice module: Practice Learning Experience Four (PLE 4) and a generic theory module : Understanding Research & Evidence Based Practice. Students have a 7 week placement in the clinical practice environment for 32 hours per week, with one theory day every week (see below)

Clinical Skills in Trimester 1 & 2

PLE3 Skills (Sept-Dec)	PLE4 Skills (Jan-April)
CPR & AED	Respiratory Assessment 2
Catheterisation	Chest Auscultation & Suctioning
Intravenous Fluid Therapy	Tracheostomy & Laryngotomy
Controlled Drug Administration	Asepsis & Wound ANTT
Blood Transfusion	Sensory Overload -autism
Yellow Card Scheme	Dementia Virtual Reality Session
Trak Training	Stoma & Bowel Care
ABCDE & Priorities of Care	ECG Part 1 – 12 Lead

Placement / Hours per week	Dates for Placement	Reflection with PDT / Practice SD	Final Assessment due	Theory Study Day / not in practice
PLE4 7 weeks 32 hrs/wk	28/02/22 - 17/04/22	22/03/22 (8 hours)	Week of 11/04/22	Friday

Here is a brief summary of the modules and what is covered for Trimester 1 and 2:

Practice Learning Three (Sept-Dec 2021)

During this module students are introduced to a range of skills, policies, initiatives and services in ways that contribute to assuring the health and well-being of themselves and of others. They have learnt about the influence that carers, families and environment have on health and wellbeing and under supervision, participate in a range of communication, relationship management and procedural skills.

Skills have been delivered via theoretical online content, lectures and Q & A sessions. It is delivered via moodle and all students have to complete workbooks on all the skills.

Assessing Need & Delivering Holistic Care in Mental Health Nursing (Sept-Dec 2021)

Learning has taken place through the use of real-life-like scenarios, incorporating compassionate care, the role of the mental health nurse and common medical conditions and their impact. In this context, the students have learned to take a patient history, undertake an ABCDE assessment, prioritise care and increase their knowledge of pharmacology.

Practice Learning Experience 4 (Jan-April 2022)

During this module students focus again on a skills (see table). These have been delivered via theoretical online content, lectures and Q & A sessions. All students have to complete workbooks on all the skills.

Understanding Research & Evidence Based Practice (Jan-April 2022)

In this module, students explore different approaches to research and how they can use research findings to better inform their nursing practice. To do this they learn about different types of study, different types of data and begin to learn about how data can be used and then interpreted to make it meaningful. They consider qualitative, quantitative and mixed methods approaches to research. The module is designed to provide students with some of the skills required to identify challenges relevant to their field of practice and to understand how research and evidence can be used to address these challenges.

THIRD YEAR STUDENT NURSES – MENTAL HEALTH JANUARY – APRIL 2022 (TRIMESTER 2)

In Trimester 1 2021/22, the Year 3 students commenced the 3rd year of the 2016 BN programme. This comprised of one practice learning module (NP5) and 2 theory modules: 5A & 5B Critical Perspectives of *Field Specific* Nursing. Students undertook practice for NP5a for a 5 week placement and have a further 5 week placement for NP5b in Trimester 2. During trimester 2 alongside the completion of the practice module, they will also be completing Theory 6 : Effective Leadership in Healthcare.

Nursing Practice 5 (Sept 21-April 22)

During this module students have 2 placement experiences working in clinical areas for 5 week placement blocks at 40hrs/week.

Clinical Skills in Trimester 1

Trauma and Emergency Simulation	Cannulation
Bandaging and Dressings	ECG monitoring / cardiac rhythms
Advanced resuscitation	IV fluids
Resuscitation drugs & Oxygen	Total parental nutrition
Therapy	Stoma care
Defibrillation	Nasogastric suction
Intubation	

Placement / Hours per week	Dates for Placement	Reflection 8 Hours	Final Assessment due	Theory Study Day
NP5b 5 Weeks	21/02/22 -	07/03/22 or 09/03/22 please liaise directly with student for their SD	Week of 21/03/22	N/A
40hrs/wk	27/03/22			

Here is a brief summary of the modules and what is covered for Trimester 1 and 2:

5A Critical Perspectives in Mental Health Nursing (Sept-Dec 2021)

Students developed their knowledge of caring for patients with urgent and emergency care needs in a safe and effective manner, using scenarios with relevant legislation and other evidence. Leadership, professional behavior and management of self and others, clinical governance, quality improvement, problem-solving, and clinical decision-making skills were also explored. Students were given opportunities to contextualise the theory through the participation in simulated practice around the recognition and response to acute illness and emergency care, whilst developing advanced compassion and therapeutic communication skills.

5B Critical Perspectives in Mental Health Nursing (Sept-Dec 2021)

Students developed their communication and decision-making skills to ensure safe and effective mental health practice. They gained knowledge in the factors that increase risk of vulnerability in mental health patients/clients and the role of the inter-professional team in the care of them. This was achieved by improving knowledge of research methodology by undertaking literature searches, critiquing research, using databases and evaluating statistics in order to critically evaluate mental health services with reference to current & anticipated societal changes.

Theory 6 (Jan-April 2022)

Students examine and evaluate the underpinning principles relating to clinical leadership, quality improvement and change management. They evaluate the essential communication skills which support effective partnership & team working linked to change management & leadership in relation to quality improvement initiatives. Evaluation of evidence, policy and other legislation along with leadership theory, quality improvement theory & change management are all explored.