



# COVID-19 Individual Health Risk Assessment

If you fall within one of the vulnerable groups, this form should be completed to establish if any additional adjustments may need to be considered by your manager prior to your return to campus. Responses will be treated confidentially and sensitively. You do not need to provide details of any medical condition.

Name:	School/Service:
Job Title:	Contact number:

1. Are you in the extremely high risk group and were previously asked to shield by the NHS / your GP and received a 'shielding' letter?

Y/N

Extremely high risk group includes individuals who have:

- cancer and are receiving active chemotherapy
- lung cancer and are either receiving or previously received radical radiotherapy
- cancers of the blood or bone marrow, such as leukaemia, lymphoma or myeloma who are at any stage of treatment
- severe chest conditions such as cystic fibrosis, severe asthma, severe COPD, severe bronchiectasis and pulmonary hypertension
- rare diseases, including all forms of interstitial lung disease/sarcoidosis, and inborn errors of metabolism (such as SCID and homozygous sickle cell) that significantly increase the risk of infections
- an absent spleen or have had their spleen removed
- significant heart disease (congenital or acquired) and are pregnant

And those that have had:

- solid organ transplants
- bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs

Or receiving:

- immunotherapy or other continuing antibody treatments for cancer
- other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors
- immunosuppression therapies that significantly increase the risk of infection
- renal dialysis treatment

2. Are you in the higher risk group but did not receive an NHS or GP 'shielding' letter? Y/N

Higher risk group includes individuals who are:

- aged 70 or older (regardless of medical conditions)
- under 70 and instructed to get a flu jab as an adult each year on medical grounds
- pregnant
- BAME (Black, Asian and Minority Ethnic) with underlying health conditions



And those with:

- chronic (long-term) respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
- chronic heart disease, such as heart failure
- chronic kidney disease
- chronic liver disease, such as hepatitis
- chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), a learning disability or cerebral palsy
- diabetes
- problems with their spleen, for example sickle cell disease
- a weakened immune system as the result of conditions such as HIV and AIDS, or medicines such as steroid tablets or chemotherapy
- a BMI of 40 or above who are seriously overweight

3. Please confirm that you have discussed your health situation with your GP Y/N  
 If you answered N to this question, please contact your GP for specific advice relating to your health

4. Has your GP advised you of any specific adjustments/alterations which need to be considered Y/N  
 to enable your return to the workplace.

If you answered Y to this question, please state these adjustments/alterations

5. You consider that you are able to return to work on campus Y/N

Employee Signature ..... Date .....

Manager Signature ..... Date .....

If you answered N to this question, a referral to Occupational Health will be made.

**Please confirm any agreed measures and/or adjustments that will be put in place**

**Review date:**

Once completed, please ensure this form is sent to the HR team at [humanresources@napier.ac.uk](mailto:humanresources@napier.ac.uk).