The University has a grouped all types of sickness absence into 26 categories. These groupings are line with the Institute of Occupational Medicine and in collaboration with HSE.

| **Category** | **Diagnosis** |
| --- | --- |
| Anxiety/Stress/Psychiatric | AnxietyBehavioural disorderBipolar disorderDepressionEating disorderInsomniaManic disorderObsessive compulsive disorderPanic attacksPersonality disorderPhobic disordersPsychosisSchizoaffective disorderSchizophreniaSelf-harmStressOther psychiatric illnesses |
| Asthma | Non-allergic (intrinsic) asthmaAllergic (extrinsic) asthmaExercise-induced asthmaSeasonal asthmaNocturnal asthmaCombination of two or more of the above types of asthma |
| Back Problems | Back ache/painDisc problemsLumbagoSciaticaScoliosisSpinal stenosisSpondylitisSpondylosisOther back problems |
| Blood disorders | AnaemiaSickle-cell disordersOther blood disorders |
| Burns/Poisoning/Frostbite/Hypothermia | Burns from air and hot gasesBurns from hot objectsChemical burnsChilblainsElectrical burnsFrostbiteHypothermiaPoisoning by wrong medicationPoisoning by wrong substancePoisoning by venomous animalsScaldsSunburnOther burns/poisoning |
| Cardiac/Circulation | AnginaCardiovascular diseaseCardiomyopathyCerebrovascular diseaseDeep vein thrombosis (DVT)Disease of the arteriesEndocarditisHeart failureHypercholesterolemiaHyperlipidemiaHypertensive diseaseHypotensionMitral valve disorderMyocardial infarctionMyocarditisPericarditisPulmonary heart diseaseRenal diseaseRheumatic feverStrokeThrombosis |
| Chest/Respiratory | Breathing problemsChronic bronchitisChronic obstructive airways disease (COAD)Chronic obstructive pulmonary disease (COPD)EmphysemaLower respiratory tract infectionPleurisyPneumoconiosisPneumoniaTracheitisUpper respiratory tract infection |
| Cold/Cough/Flu | ColdCoughFlu InfluenzaOther cough cold flu |
| Dental/Oral Problems | Broken/chipped toothDental abscessMouth infectionMouth ulcerToothacheTooth extractionOther dental and oral problems |
| Diabetes/Glandular | Adrenal disordersCystic fibrosisDiabetes - Insulin dependentDiabetes - non-insulin dependentParathyroid disordersPituitary gland disordersThyroid disordersOther endocrine disorders |
| Ear/Nose/Throat | Allergic rhinitisBlocked eustachian tubesBlocked noseHay fever (seasonal rhinitis)Hearing lossLaryngitisMeniereís diseaseNose bleedOtitis externiaOtitis media (glue ear)Perforated ear drumPharyngitisSeptic throatSinusitisSore throatThroat infectionTinnitusTonsillitisVertigoOther ear/nose/throat problems |
| Eye problems | Blurred visionCataractConjunctivitisDetached retinaDouble visionEye strainGlaucomaKeratitisTunnel visionOther eye problems |
| Gastrointestinal | Abdominal painAppendicitisCirrhosis of the liverCoeliac diseaseColitisConstipationCrohns diseaseDiarrhoeaDiverticulitisDuodenal ulcerFood allergyGall bladder diseaseGastric ulcerGastro-intestinal disorderGastroenteritisHiatus herniaIrritable bowel syndromeInflammatory bowel syndromeLactose intoleranceLiver diseaseMalnutritionOesophagitisPancreatitisPeptic ulcerStomach acheUlcerative colitisUpset stomachVomitingOther gastrointestinal problems |
| Genitourinary/Gynaecological | Epididymitis (M only)Orchitis (M only)Prostatic (prostrate) problems (M only)Testicular problems (M only)Cervical problems (F only)Endometriosis (F only)Fibroids (F only)Hysterectomy (F only)Uterine problems (F only)Vaginal problems (F only)Menstrual problems (F only)Pelvic inflammatory disease (F only)Problems with fallopian tubes (F only)Ovarian problems (F only)Bladder infectionCystitisKidney stonesKidney failureMastitisSexually transmitted (venereal) disease (STD)Urinary obstructionUrinary tract infectionOther genitourinary or gynaecological problems |
| Headache/Migraine | HeadacheMigraine |
| Infectious Diseases | ChickenpoxE coli infectionGlandular feverHepatitis (A, B, C, E)HIVListeriaMalariaMeaslesMeningitisMumpsRubellaScarlet FeverShinglesTetanusTuberculosisTyphoid feverWhopping coughOther infectious disease |
| Injury/Fracture | Animal biteBroken armBroken backBroken footBroken legBroken toeComplications of surgeryCutDislocationElectric shockFractured ankleFractured hipFractured kneeFractured nose Fractured pelvisFractured ribFractured shoulderFractured skullFractured wristInjury to elbow or fore armInjury to foot or ankleInjury to hip or thighInjury to knee or lower legInjury to shoulder or upper armInjury to wrist or handInsect biteLacerationSprainStrainWhiplash |
| Musculoskeletal not back | ArthritisCarpal tunnel syndromeCartilage disorderFrozen shoulderGanglionHand arm vibration syndrome (HAVS)Ligament disorderNeck ache/painOsteoarthritisOsteoporosisPinched/trapped nervePulled muscleRepetitive strain injury (RSI)RheumatismRheumatoid arthritisShoulder ache/painTendon problemTennis elbowVibration white fingerWhole body vibration |
| Nervous system | Alzheimers disease DementiaEpilepsyHuntingtons diseaseMotor Neuron DiseaseMultiple SclerosisMuscular dystrophyParkinson’s diseaseSleep disordersOther disorders of the nervous system |
| Pregnancy related | Amniotic fluid disordersBladder infectionEctopic pregnancyGestational diabetesInfection of urethraInfection of urinary tractGestational diabetesHaemorrhagingKidney infectionMiscarriageMorning sicknessPlacental disordersPre-eclampsiaOther pregnancy related conditions |
| Skin disorders | CellulitisContact dermatitisEczemaHivesImpetigoPruritisPsoriasisRing wormSeborrhoeaSkin allergyUrticariaOther skin disorders |
| Substance abuse | AlcoholismDrug dependenceOther substance abuse |