**Discussion Group Reflective Questions**

Consider what you hope to get out of the discussion group by answering the following questions

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| **Where are you now?** |
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| Think about your job in relation to the topic being covered by the group – how have you been involved in this? What have you most enjoyed? What are you concerned about? What have been the challenges? How have you overcome them? What are your strengths? |

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| **Where would you like to be?** |
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| Where would you like to be in 1, 2 and 5 years’ time? What will be the main challenges in achieving your short and long term objectives? What could help you achieve these outcomes and overcome the challenges? What skills and/or behaviours do you need to develop? |

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| **What support do you need to help you achieve your outcomes?** |
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| Have you discussed your development need with your line manager, mentor or peers? Are you aware of any opportunities which may support your goals? How much time and energy can you commit to addressing these needs? Who else might be able to help you? |