The University has a grouped all types of sickness absence into 26 categories. These groupings are line with the Institute of Occupational Medicine and in collaboration with HSE.

| **Category** | **Diagnosis** |
| --- | --- |
| Anxiety/Stress/Psychiatric | Anxiety  Behavioural disorder  Bipolar disorder  Depression  Eating disorder  Insomnia  Manic disorder  Obsessive compulsive disorder  Panic attacks  Personality disorder  Phobic disorders  Psychosis  Schizoaffective disorder  Schizophrenia  Self-harm  Stress  Other psychiatric illnesses |
| Asthma | Non-allergic (intrinsic) asthma  Allergic (extrinsic) asthma  Exercise-induced asthma  Seasonal asthma  Nocturnal asthma  Combination of two or more of the above types of asthma |
| Back Problems | Back ache/pain  Disc problems  Lumbago  Sciatica  Scoliosis  Spinal stenosis  Spondylitis  Spondylosis  Other back problems |
| Blood disorders | Anaemia  Sickle-cell disorders  Other blood disorders |
| Burns/Poisoning/Frostbite/  Hypothermia | Burns from air and hot gases  Burns from hot objects  Chemical burns  Chilblains  Electrical burns  Frostbite  Hypothermia  Poisoning by wrong medication  Poisoning by wrong substance  Poisoning by venomous animals  Scalds  Sunburn  Other burns/poisoning |
| Cardiac/Circulation | Angina  Cardiovascular disease  Cardiomyopathy  Cerebrovascular disease  Deep vein thrombosis (DVT)  Disease of the arteries  Endocarditis  Heart failure  Hypercholesterolemia  Hyperlipidemia  Hypertensive disease  Hypotension  Mitral valve disorder  Myocardial infarction  Myocarditis  Pericarditis  Pulmonary heart disease  Renal disease  Rheumatic fever  Stroke  Thrombosis |
| Chest/Respiratory | Breathing problems  Chronic bronchitis  Chronic obstructive airways disease (COAD)  Chronic obstructive pulmonary disease (COPD)  Emphysema  Lower respiratory tract infection  Pleurisy  Pneumoconiosis  Pneumonia  Tracheitis  Upper respiratory tract infection |
| Cold/Cough/Flu | Cold  Cough  Flu Influenza  Other cough cold flu |
| Dental/Oral Problems | Broken/chipped tooth  Dental abscess  Mouth infection  Mouth ulcer  Toothache  Tooth extraction  Other dental and oral problems |
| Diabetes/Glandular | Adrenal disorders  Cystic fibrosis  Diabetes - Insulin dependent  Diabetes - non-insulin dependent  Parathyroid disorders  Pituitary gland disorders  Thyroid disorders  Other endocrine disorders |
| Ear/Nose/Throat | Allergic rhinitis  Blocked eustachian tubes  Blocked nose  Hay fever (seasonal rhinitis)  Hearing loss  Laryngitis  Meniereís disease  Nose bleed  Otitis externia  Otitis media (glue ear)  Perforated ear drum  Pharyngitis  Septic throat  Sinusitis  Sore throat  Throat infection  Tinnitus  Tonsillitis  Vertigo  Other ear/nose/throat problems |
| Eye problems | Blurred vision  Cataract  Conjunctivitis  Detached retina  Double vision  Eye strain  Glaucoma  Keratitis  Tunnel vision  Other eye problems |
| Gastrointestinal | Abdominal pain  Appendicitis  Cirrhosis of the liver  Coeliac disease  Colitis  Constipation  Crohns disease  Diarrhoea  Diverticulitis  Duodenal ulcer  Food allergy  Gall bladder disease  Gastric ulcer  Gastro-intestinal disorder  Gastroenteritis  Hiatus hernia  Irritable bowel syndrome  Inflammatory bowel syndrome  Lactose intolerance  Liver disease  Malnutrition  Oesophagitis  Pancreatitis  Peptic ulcer  Stomach ache  Ulcerative colitis  Upset stomach  Vomiting  Other gastrointestinal problems |
| Genitourinary/Gynaecological | Epididymitis (M only)  Orchitis (M only)  Prostatic (prostrate) problems (M only)  Testicular problems (M only)  Cervical problems (F only)  Endometriosis (F only)  Fibroids (F only)  Hysterectomy (F only)  Uterine problems (F only)  Vaginal problems (F only)  Menstrual problems (F only)  Pelvic inflammatory disease (F only)  Problems with fallopian tubes (F only)  Ovarian problems (F only)  Bladder infection  Cystitis  Kidney stones  Kidney failure  Mastitis  Sexually transmitted (venereal) disease (STD)  Urinary obstruction  Urinary tract infection  Other genitourinary or gynaecological problems |
| Headache/Migraine | Headache  Migraine |
| Infectious Diseases | Chickenpox  E coli infection  Glandular fever  Hepatitis (A, B, C, E)  HIV  Listeria  Malaria  Measles  Meningitis  Mumps  Rubella  Scarlet Fever  Shingles  Tetanus  Tuberculosis  Typhoid fever  Whopping cough  Other infectious disease |
| Injury/Fracture | Animal bite  Broken arm  Broken back  Broken foot  Broken leg  Broken toe  Complications of surgery  Cut  Dislocation  Electric shock  Fractured ankle  Fractured hip  Fractured knee  Fractured nose  Fractured pelvis  Fractured rib  Fractured shoulder  Fractured skull  Fractured wrist  Injury to elbow or fore arm  Injury to foot or ankle  Injury to hip or thigh  Injury to knee or lower leg  Injury to shoulder or upper arm  Injury to wrist or hand  Insect bite  Laceration  Sprain  Strain  Whiplash |
| Musculoskeletal not back | Arthritis  Carpal tunnel syndrome  Cartilage disorder  Frozen shoulder  Ganglion  Hand arm vibration syndrome (HAVS)  Ligament disorder  Neck ache/pain  Osteoarthritis  Osteoporosis  Pinched/trapped nerve  Pulled muscle  Repetitive strain injury (RSI)  Rheumatism  Rheumatoid arthritis  Shoulder ache/pain  Tendon problem  Tennis elbow  Vibration white finger  Whole body vibration |
| Nervous system | Alzheimers disease  Dementia  Epilepsy  Huntingtons disease  Motor Neuron Disease  Multiple Sclerosis  Muscular dystrophy  Parkinson’s disease  Sleep disorders  Other disorders of the nervous system |
| Pregnancy related | Amniotic fluid disorders  Bladder infection  Ectopic pregnancy  Gestational diabetes  Infection of urethra  Infection of urinary tract  Gestational diabetes  Haemorrhaging  Kidney infection  Miscarriage  Morning sickness  Placental disorders  Pre-eclampsia  Other pregnancy related conditions |
| Skin disorders | Cellulitis  Contact dermatitis  Eczema  Hives  Impetigo  Pruritis  Psoriasis  Ring worm  Seborrhoea  Skin allergy  Urticaria  Other skin disorders |
| Substance abuse | Alcoholism  Drug dependence  Other substance abuse |